

Home Learning: Writing Task: Monday 4th May 2020

Miss Allen and I would like you to try something fun and different for this week: We would like you to begin your own *Lockdown Journal!* 😊 We would like you to spend one of your writing sessions every week updating your journal, and when we all come back to school we'd like you to bring your journal with you for us all to share. It might even become something special that you keep to look at again when you are older, so that you can look at it and remember this very strange and unusual time.

What is a journal?

A journal is a special book that you create for yourself. Another name for a journal is a diary. You use it to record your thoughts, feelings and experiences. You can even add items like drawings and photographs to it.

How do I start?

- 1) Find a way of keeping your journal together. You can use an empty notebook, or loose sheets of paper. You can paperclip or staple the sheets together or you can keep them all together in a folder, big envelope or even something like a shoe box- it doesn't matter, *as long as you keep it all in one place.*
- 2) Each week I will give you a task to add something to your Lockdown Journal. You don't need to just stick to these though, you can add anything you want to: Write or draw about how you are feeling and what you are doing, record the ways your family are keeping safe and keeping happy. You can also use your journal to record difficult thoughts and feelings- you can use it as a way to get difficult thoughts and feelings out of your head if it helps you.

Your Journal Task for this week:

Create an opening page all about yourself (this could be the cover of your journal if you like). Include your name and age, and a picture of you and your family- including your pets!