

English: Monday 22<sup>nd</sup> June 2020

## Journal Writing

For your journal writing activity today, I would like you to think about the people that are special to you, and the people that help and support you. When you are sad, upset, worried or lonely, who are the people that you can turn to? How do these people make you feel better? Write their names, and a little bit about how they make you feel. What do they do that makes you feel safe and supported?

Set your page out neatly like this:

Monday 22<sup>nd</sup> June

Who can I turn to?

Write the names of the people that you can turn to. Write about how they make you feel safe and supported.

Date and Title

Neatly written  
and detailed

