

## Superheroes

Monday

Recently there have been lots of superheroes helping our country.

Can you think of 3 and share what they have been doing?

Tuesday

Can you design a poster saying thank you to all the doctors, nurses, policemen and other real life superheroes saying thank you for everything they are doing.

Friday

Design your own superhero cape and write your own theme song.

Wednesday

What would be a super snack fit for a superhero?

With an adult can you find some ingredients in the kitchen and make a healthy snack for the family.

Thursday

Research Florence Nightingale

Who was she?  
Why was she famous?  
What did she change?

