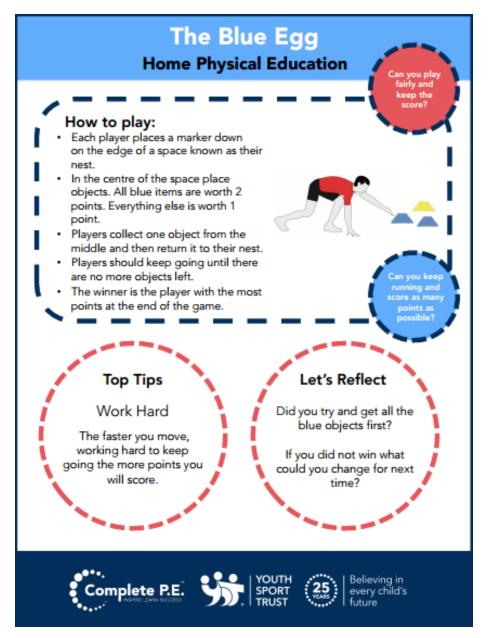
Active Home Workout



Super Saturday - Key Stage 2 (Age 7 - 11)

Try today's personal challenge







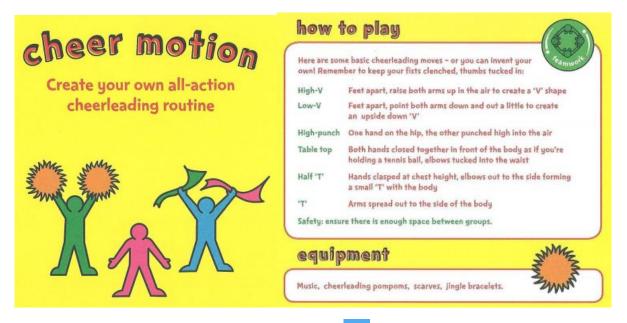


Active Home Workout



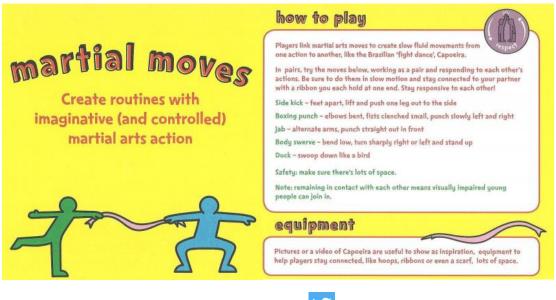
Active Movement Time

Select your favourite music and create a cheer motion sequence



Share your routine by tweeting 💟 to @hamsteadhallsgo

AND / OR



Share your routine by tweeting 💟 to @hamsteadhallsgo





