

Reception Lesson Plan

Wednesday 13th May 2020

	9:00am-9:30am Morning PE	9:30-10:00am	10:00-10:30am Phonics	10:30-11:30am Literacy/Maths	11:30-12:30pm	12:30-1:30pm Topic/Creative	1:30-2:00pm Handwriting	2:00-3:00pm Sing songs/Story time
Wednesday	Joe Wicks Morning Exercise Click on the link below to access the workout. https://www.youtube.com/user/thebodycoach1/videos	Break	Children to go through their phase 2 and phase 3 sounds. Say the sound out loud. (See sound mat below). Children to sing along to the tricky words song: Click link below: https://www.youtube.com/watch?v=R087IYrRpgY Read these tricky words together. Try and learn them. Once learnt, write down the tricky words on strips of paper. Hide them around the house. Child to go and find the tricky words. Once found, child to read the tricky word. we, me, be, you, are, he, was, all, they, my, she. Challenge: <ul style="list-style-type: none"> Choose a book to read. Make a free account to access the books. https://www.oxfordowl.co.uk/for-home/find-a-book/library-page?view=image&query=&type=book&age_group=Age+4-5&level=&level_select=&book_type=&series= 	<p>Maths Lesson See image below.</p> <ul style="list-style-type: none"> How many sausages can you see? How many bowls are there? Can you describe the patterns on the jars that are on the shelf? (Look at the shape and the colours). <p>Today we are going to learn how to use a tens frame. Click on the link below to learn more about tens frame. https://www.youtube.com/watch?v=CNjnuYWWbKk</p> <p>Can you draw a tens frame on your page and find different ways to make 10. Use two different colours to draw circles. See template sheet below.</p> <p>Challenge: <ul style="list-style-type: none"> Write a number sentence after using the tens frame. E.g. 5+5=10. </p>	Lunch	<p>Make your own playdough!</p> <p>Today you are going to have a go at making your own play dough. Work with your child to make their own playdough. Are they able to follow instructions? (See image below and follow instructions).</p> <p>Once you have made the playdough, can you squeeze, pinch, twist... (See images below and copy). This will help improve children's fine motor skills, which will further help improve the strength in their fingers. This will help with holding a pencil and writing.</p> <p>Save the playdough for tomorrow's lesson. Place it in an air tight container.</p>	<p>Children to have a go at handwriting practise. Can you write these letters and words across your page making sure they are formed correctly. Always start from the top. Encourage children to not take their pencil off the page when writing each letter.</p> <p>See page below to look at today's handwriting session. Read the words. Copy the letters and the words. This can be done on plain paper if you do not have a printer.</p> <p>Please make sure your child is holding the pencil correctly.</p>	<p>Children to choose their favourite book and read with their parents/carers. Click on the link below: some books to share, children to read along and activities.</p> <p>https://www.boktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/</p>

Correct pencil grip



10 + 0	
9 + 1	
8 + 2	
7 + 3	

My Phase 2 Sound Mat

s



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n



m



d



g



o



c



k



ck



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twinkl

visit [twinkl.com](https://www.twinkl.com)

My Phase 3 Sound Mat

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Number Bonds: Tens Frame Colouring

How many different ways can you think of to make the number 10? Choose two different coloured pencils and colour in the 10s frames. Then complete the number sentences.

$$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} = 10$$

$$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} = 10$$

$$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} = 10$$

$$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} = 10$$

$$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} = 10$$

$$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} = 10$$

Follow the instructions on this sheet to make your own playdough
– no cooking or hot water required!



Ingredients

2 cups plain flour
1 cup salt
1 tbsp oil
1 cup cold water
2 drops liquid food
colouring
– any colour of
your choosing

Method

1. Mix the flour and salt together in a large mixing bowl.
2. Add the cold water, oil and drops of food colouring and mix together.
3. When your ingredients are well mixed, take them out of your bowl and place your dough onto a flat surface, such as greaseproof paper.
4. Knead vigorously for a few minutes, until your dough feels like playdough and all of the stickiness has gone.

What is kneading?

This is when you press, massage, squeeze and fold your dough.

If your dough is too wet, add a little extra flour and carry on kneading.

If your dough is too dry and crumbly, add an extra drop of cold water and carry on kneading.

Make sure you add any extra ingredients a little bit at a time.

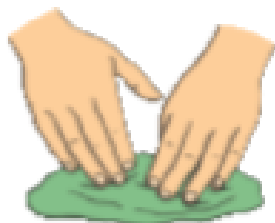
squeeze



pinch



squash



twizzle



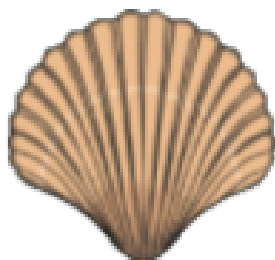
pat



turn



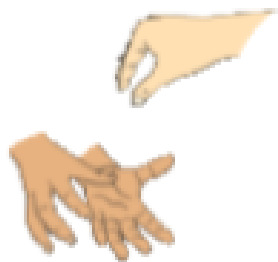
bumpy



pincer grip



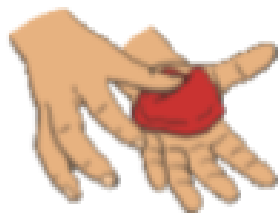
**squish
and squash**



mould



sculpt



cut



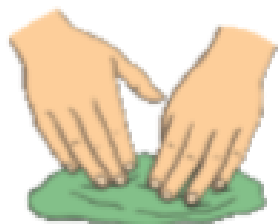
roll



twist



press



tweeze



Ladder Letters Handwriting Worksheet

Ladder letters are formed with a long straight downward movement. These are taller than other letters in the alphabet. Have a go at writing the letters on each line.

l l l l

i i i i

u u u u

Trace over the word then have a go at writing the word on the lines below.



lid

lid



ink

ink



lip

lip



cup

cup